

AESTHETIC

THE TOP COSMETIC TREATMENTS TO SUIT NEARLY EVERY NEED.



“With the boom of videoconferencing, everyone’s hyperaware of their appearance and clamoring to try treatments. It’s a natural reaction given how much we see our reflection.”

—DENDY ENGELMAN, DERMATOLOGIST

1. TREATMENT FOR 20S

Clear + Brilliant

This FDA-approved “lunchtime” laser treatment, created to use on all skin tones, is ideal if you’re searching for a fast and comfortable solution for dark spot removal, improved elasticity, and wrinkle reduction. On the milder side of the laser spectrum, these pain-tolerant treatments are game changers for fading acne scars.

2. TREATMENTS FOR 30S

Botox

If you’re noticing forehead lines and crow’s-feet on Zoom calls, ask your dermatologist for this injectable to help relax muscles for a smoother look.

3. TREATMENT FOR 40S

Juvederm

Derma fillers are loved for their versatility. Try this hyaluronic acid-packed method to plump your skin, volumize lips, or sculpt and contour target areas.

4. BODY SCULPTING

Emsculpt Neo

If the idea of doing 20,000 crunches in just 30 minutes sounds too good to be true, this wildly popular procedure is proof. Using

noninvasive fat elimination, muscle-building technology, and radio-frequency energy, this is the body booster everyone can’t stop raving about.

5. ANTI-AGING TREATMENT

Microneedling

Collagen production, improved elasticity, and pore reduction are promoted in this procedure, which uses a group of small needles to puncture the first layer of skin for rejuvenation.

6. BEST LASER

Fraxel

On the hunt for a quick fix with little to no downtime? Meet the queen of resurfacing treatments, ideal for reversing scars, signs of aging, and sun damage.

7. NECK TREATMENT

Kybella

In need of a nonsurgical solution for a double chin? Kybella, an injectable, is on the rise due to its ability to destroy fat-cell walls, erasing the appearance of excess skin.

8. EDITORS’ PICK

Revance

This hyaluronic acid filler treats fine lines and wrinkles and features a next-level technology designed to mimic the skin’s native facial movements for more natural results.

ADVERTISEMENT

Honing in on TONING UP



The Best Moves to Maximize an Emsculpt Neo Session

The light at the end of the tunnel has never been closer, so we're focusing on how to get back into shape quickly and effectively with the help of Emsculpt Neo. Four sessions of this revolutionary treatment are roughly equivalent to 12-16 weeks of HIIT training, and results are even better when you follow up with a workout regimen at home!

CARDIO: Whether you're a marathoner or a weekend walker, cardio is one of the best ways to tone your core and boost your overall health. Just 20 minutes of moderate activity per day will help you get back on the fitness track.

WEIGHTS: Strength training is key to keeping muscles sleek and strong—and best of all, you can do it at home. Grab a pair of dumbbells and practice curls, rows, and kickbacks to get your arms summer-ready.

HYDRATE: Staying hydrated is essential, especially when you're working out. Drinking water before, during, and after exercise will help your body burn fat and keep you feeling energized. Be sure to get your fill!



SCAN HERE
to learn more
about the
Emsculpt Neo.



EMSCULPT
neo

Experience
Powerful
Results

25%
MORE MUSCLE*

30%
LESS FAT*

4
30-MINUTE
SESSIONS

* on average