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WHAT IF SUCCESS MEANS WORKING LESS?
BEAUTY SLACKERS

We now have the freedom to fix our cosmetic flaws instead of practicing preventive self-care, but bad habits may have weighty consequences.

Monica Corcoran Harel questions the "I'll just fix it later" mind-set.

Beauty

The cosmetic enhancements at best maintain a reservation, but often overstep.

When you have sensitive skin your clothes can turn on you

WISDOM TEETH

The future couldn't be brighter for cosmetic dentistry, which is projected to swell to a $3.6 billion industry by 2024. If we've ever had bad habits caused by decades of daily exposure caused in less than an hour with laser teeth whitening, you understand why. The results are instantaneous and pretty miraculous. But a killer smile doesn't always signify good health.

"I see patients coming in for laser whitening or veneers who haven't had a checkup or cleaning in a few years," says Victoria Beryszewski, a cosmetic dentist in New York City and LA. "A full smile makeover won't help if you're not maintaining your oral hygiene. Plus, excessive tooth whitening can erode enamel and eventually cause root damage. All the more reason for moderation when it comes to coffee and red-sauce nightcaps. In short, cosmetic dentistry shouldn't be considered a balm for bad habits, but rather a bonus for good ones.

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